



Clontarf CC Youth Coaching Principles

Have Fun – Play the Game

- Trainings are more fun when you play games and activities that set the right challenge.
- Make aspects of training competitive so kids can try their skills in game like scenarios.
- Value and reward the effort over performance.
- Foster problem-solving skills through game scenarios.

Opportunities For All

- Give every player the same opportunity.
- Don't favour better players.
- Provide opportunities for every player to experience all aspects of the game.
- Ensure every player has a role to play and feels important in the team.
- Embrace difference and individuality.

Player Development

- Training is about the players, not the coaches.
- Get to know every player; find out what motivates them and keeps them coming to training.
- Ask every player how they want to go about their cricket.
- Focus on helping every player develop their skills and an understanding of the game.
- Encourage kids to keep a personal development diary. Fill in for each training session what they want to improve on and after training how it went and areas to improve on.
- Encourage kids to do cricket homework in their own time be that fitness, skills, knowledge etc and to embrace continuous learning.
- Ensure kids understand and embrace our clubs' values.

Retention Over Results

- Measure your coaching success by the percentage of players that are improving on the skill score cards and how many return the following season.
- Do not worry about win/loss record, by developing each player to be the best cricketer they can be and creating a positive culture success will follow.
- Foster an environment where kids want to be at Clontarf CC.
- Help your players develop character, connect with and respect each other and become more confident young people.

Conor Murphy
Chair of Youth Cricket
Clontarf Cricket Club